## THEMATIC PLAN OF INDEPENDENT WORK OF THE STUDENT IN THE DISCIPLINE "NORMAL PHYSIOLOGY – PHYSIOLOGY OF THE MAXILLOFACIAL REGION" FOR STUDENTS OF THE EDUCATIONAL PROGRAM SPECIALIST IN THE SPECIALTY 31.05.03, FOR THE 2023-2024 ACADEMIC YEAR

Nº	The topic of independent work	Hours (academic)
1	Physiology of the digestive system¹ Biological fluids of the oral cavity (oral fluid, gingival fluid, saliva; their features). Salivary glands and their secret (qualitative features of the chemical composition of secretions secreted by various salivary glands), salivary gland functions. Mechanism of saliva formation. Regulation of salivation. Salivating center. Salivary gland innervation: influence of parasympathetic and sympathetic nerves on salivation, humoral regulation. The adaptive significance of salivation. Physiological methods of studying digestion in the oral cavity. Methods of research of the chewing apparatus. The physiological masticatory test. Methods of salivation research. Absorption in the mouth. Swallow. Morphological and functional characteristics of smooth muscle. Digestion in the stomach. Functions of the stomach. Composition and properties of gastric juice. Regulation of gastric secretion. Phases of gastric secretion. Adaptive nature of secretory activity of the stomach. Digestion in the duodenum. Composition and properties of pancreatic secretions. Regulation of pancreatic secretion. Phases of pancreatic secretion. Oral and parietal digestion. Absorption of nutrients. Oral and parietal digestion. Absorption of nutrients. Motor activity of the small intestine	(academic) 8
2	and its regulation <sup>2</sup> Physiology of respiration <sup>1</sup> Biomechanics of inhalation and exhalation. Lung volumes and capacities. Gas exchange in the lungs. The structure aerogematiceski barrier. The main regularities of gas transition through the membrane. Partial pressure of gases in the alveolar air and gas tension in the blood. Transport of gases by blood. The dissociation of oxyhemoglobin, factors that accelerate the dissociation. Transport of carbon dioxide. Regulation of respiration. Modern ideas about the structure and localization of the respiratory center. The role of mechano-and chemoreceptors in the regulation of respiration. Breathing at low atmospheric pressure. Breathing at high atmospheric pressure <sup>2</sup>	6
3	Blood physiology¹ Plasma proteins, their physiological significance. Oncotic blood pressure, its role. The rate of erythrocyte sedimentation, factors affecting its value. Clinical significance of ESR. Acidbase state of the blood. Blood buffer systems. The relationship between the physical and chemical properties of blood and the	8

	functions of the oral cavity. Red blood cells, structure, quantity, function. Hemoglobin, structure, quantity, function. Types and compounds of hemoglobin. White blood cells, number, types, and their functions. Leukocyte formula and its clinical significance. Vascular-platelet hemostasis. Platelets, structure, role in hemostasis. Stages of vascular-platelet hemostasis. Coagulation hemostasis, its phases. Factors that accelerate and slow blood clotting. Fibrinolysis system, stages and mechanisms of fibrinolysis. Anticoagulation mechanisms (anticoagulation system). The concept of primary and secondary anticoagulants. Protective role of the oral hemostasis system <sup>2</sup>	
4	Physiology of the cardiovascular system <sup>1</sup>	6
	Excitability of the heart muscle, its features. The ratio of the	
	process of arousal and changes in excitability in the heart	
	muscle. Heart cycle, its phases. The role of the valve apparatus. Functional organization of the vascular system, classification of	
	vessels. The concept of vascular tone, basal and Central	
	vascular tone. Vasomotor center. Regulation of vascular tone	
	(humoral and nervous). The concept of vasconstriction and	
	vasodilation. Blood pressure as an indicator of systemic	
	circulation. Systolic, diastolic and pulse blood pressure, normal	
	values. Factors that affect the value of blood pressure. Features	
	of microcirculation in the maxillofacial region and organs of	
	the oral cavity <sup>2</sup>	
5	Physiology of the excretory system <sup>1</sup>	5
	Nephron, as a structural and functional unit of the kidney, the	
	structure of the nephron. The process of urine formation:	
	glomerular filtration, tubular reabsorption and secretion. The	
	concept of primary and final urine. The role of kidneys in the	
	regulation of mineral metabolism in dental tissues. Regulation	
	of urinary function of the kidneys (nervous and humoral) <sup>2</sup>	22
	TOTAL	33

Considered at the meeting of the department of normal physiology "25" 05 2023, protocol № 9a

Head of the Department

С.В. Клаучек

<sup>&</sup>lt;sup>1</sup> - subject <sup>2</sup> - essential content