

**Thematic lesson plan of lectures
in the discipline "Polyclinic therapy"
for students of the educational program
of the specialty 31.05.01 «General Medicine»,
(specialist's level),
form of study full-time (face to face)
for the 2023-2024 academic year**

№	Topics of lectures	Hours (academic) by semester			
		9	10	11	12
1.	Organizational bases of outpatient care for adults in the profile "Therapy". ¹ The history of the discipline of polyclinic therapy. Organizational basis for providing primary health care to the adult population. The staff of the polyclinic. Organization of polyclinic activities. The therapeutic department of the polyclinic: structure, equipment. Tasks and job responsibilities of a district therapist. ²	2			
2.	Organization of medical examination of the adult population and preventive medical examinations. ¹ Medical examination of adults. Preventive medicine. Organization of preventive, periodic medical examinations. ²	2			
3.	Tactics of management of patients with orphan diseases at the outpatient stage. ¹ Fundamentals of the organization of medical care for adult patients with rare (orphan) diseases in outpatient practice. Features of drug provision for persons suffering from life-threatening and chronic progressive rare (orphan) diseases that lead to a reduction in life expectancy or disability. ²	2			
4.	Tactics of management of patients with influenza, ARVI, COVID-19 at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient of acute respiratory viral infections and COVID-19 at the outpatient stage. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms. Vaccination issues. ²	2			
5.	A general approach to patients with fever at the outpatient stage. ¹ Differential diagnosis of fever. Fever of unknown genesis: causes, the program of examination of the patient at the outpatient stage. Symptomatic therapy of fever, indications for it. Indications for hospitalization. ²	2			
6.	A general approach to patients with bronchoobstructive syndrome at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²	2			
7.	A general approach to patients with arterial hypertension at the outpatient stage. ¹	2			

	Differential diagnosis, the program of examination of the patient at the outpatient stage. ²				
8.	A general approach to patients with metabolic syndrome at the outpatient stage. ¹ Definition and classification of metabolic syndrome. Aspects of lipid-lowering therapy. ²	2			
9.	A general approach to patients with chest pain at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²	2			
10.	A general approach to patients with heart murmurs at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²	2			
11.	A general approach to patients with cardiac arrhythmias at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²	2			
12.	A general approach to patients with dyspnea at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²	2			
13.	A general approach to patients with edema at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²	2			
14.	A general approach to patients with abdominal pain at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²		2		
15.	A general approach to patients with a violation of the act of defecation at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²		2		
16.	A general approach to patients with hepatic syndromes at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²		2		
17.	A general approach to patients with jaundice syndrome at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²		2		
18.	A general approach to patients with urinary syndrome at the outpatient stage. ¹		2		

	Differential diagnosis, the program of examination of the patient at the outpatient stage. ²				
19.	A general approach to patients with articular syndrome at the outpatient stage. ¹ Differential diagnosis, the program of examination of the patient at the outpatient stage. ²		2		
20.	Temporary disability and its examination. ¹ General aspects of the examination of working capacity. The importance of medical and social criteria. Types of temporary disability. The disability certificate, its functions, the procedure for issuing and extending. Functional responsibilities of a district therapist in solving issues of examination of working capacity. ²			2	
21.	Tactics of management of patients with community-acquired pneumonia at the outpatient stage. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²			2	
22.	Tactics of management of patients with chronic obstructive pulmonary disease and bronchial asthma at the outpatient stage. The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²			2	
23.	Tactics of management of patients with arterial hypertension at the outpatient stage. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²			2	
24.	Tactics of management of patients with chronic ischemic heart disease at the outpatient stage. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²			2	
25.	Tactics of management of patients with acute coronary syndrome at the outpatient stage. Rehabilitation of post-infarction patients. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²			2	
26.	Tactics of management of patients with chronic heart failure at the outpatient stage. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²			2	

27.	<p>Tactics of management of patients with atrial fibrillation at the outpatient stage.¹</p> <p>The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity.²</p>			2	
28.	<p>Persistent disability and its examination.¹</p> <p>Principles of identification of persistent disability. Terms of referral to the Bureau of medical and social expertise, disability criteria²</p>				2
29.	<p>Issues of dispensary supervision and medical rehabilitation in chronic non-communicable diseases.¹</p> <p>Definition and methodology of dispensary observation in Russia. The main therapeutic diseases requiring dispensary observation in a polyclinic.²</p>				2
30.	<p>Tactics of management of somatic therapeutic pathology in pregnant women.¹</p> <p>The importance of somatic health of women in the formation of a healthy generation. Tactics of examination of pregnant women. Principles of their treatment. Indications and contraindications to the use of medications, depending on the duration of pregnancy. Medical indications for termination of pregnancy. Dispensary observation of pregnant women.²</p>				2
31.	<p>Paraneoplastic syndrome in the outpatient practice of a general practitioner.¹</p> <p>The role of the primary care physician in the early detection of oncological diseases. Cancer risk factors. Formation and monitoring of risk groups. The concept of paraneoplastic syndrome. Pathogenesis, classification. Clinical masks. Organization of palliative care for cancer patients.²</p>				2
32.	<p>Tactics of management of patients with syncopal conditions at the outpatient stage.¹</p> <p>The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization.²</p>				2
33.	<p>Tactics of management of patients with acid-dependent diseases of the upper gastrointestinal tract at the outpatient stage.¹</p> <p>The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity.²</p>				2
34.	<p>Tactics of management of patients with chronic diffuse liver diseases at the outpatient stage.¹</p> <p>The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity.²</p>				2
35.	<p>Tactics of management of patients with chronic kidney disease at the outpatient stage.¹</p> <p>The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity.²</p>				2

36.	Tactics of management of patients with anemia at the outpatient stage. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²				2
37.	Tactics of management of patients with chronic joint diseases at the outpatient stage. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²				2
38.	Tactics of management of patients with type 2 diabetes mellitus at the outpatient stage. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Temporary disability, its terms, criteria for the restoration of working capacity. ²				2
39.	Tactics of management of post-stroke patients at the outpatient stage. ¹ The use of evidence base in the treatment of a patient in the practice of a district therapist. Modern medicines, efficiency control. Indications for hospitalization. Disability, criteria for the restoration of working capacity. ²				2
	Total: 78 h	26	12	16	24

¹ - subject

² - essential content

Considered at the meeting of the department of Outpatient and emergency medical care
"_25_" May 2023, protocol № 10

Head of the Department



Krayushkin S.I.