

Sample Internship Diary
**« Educational practice: practice for obtaining primary professional skills in
the positions of nursing staff»**
for students of the educational program
of specialist/bachelor's/master's degree
in the specialty 31.05.03_ Dentistry_,
direction (profile) Dentistry,
form of study Full-time form
for the 2023-2024 academic year

federal state budgetary educational institution
higher education
"Volgograd State Medical University"
Ministry of Health of the Russian Federation
Department of Internal Medicine
Specialist in the specialty 31.05.03 Dentistry,
profile (orientation) Dentistry

DIARY OF PRACTICE
"Educational practice: practice for obtaining primary professional
skills in the
positions of nursing staff"
student (or female student) 2 course

(surname)

(name)

(patronymic)

Head of practice from the organization (university)_____ /

Rules for designing a practice diary

A mandatory reporting document on the student's internship is the internship diary.

The internship diary should include records of various types of work (literary/methodical/experimental/analytical/other types of work) performed by the student during the internship.

Protocols are drawn up for each day of work in practice. The protocol should contain information

about the date, topic(s) of the lesson(s), work performed and research procedures (operations), as well as

the primary data obtained and the results of their analysis in the course of the individual assignment.

When recording work on the implementation of individual tasks (IT), it is necessary to adhere to

the following algorithm:

1. Describe the essence of the task (goals / objectives / research design / research object /

methodology, etc.)

2. Record the actual data obtained during the study - it is advisable to present it in a tabular format.

3. Analyze the received data in accordance with the goals and objectives of IT.

4. Make a multiple conclusion / conclusions based on the results of IT implementation.

5. As an IT protocol of the last day of practice, a printout of the presentation of the reporting work

is presented in the diary.

The practice diary must be signed:

a) after each protocol - by the head of the practice of this student.

b) on the title page - by the head of practice from the organization (university)

A sample of the design of daily protocols in the practice diary - see Appendix 1.

Introductory information for students

The objectives of the practice are:

- familiarization with the work of a medical organization;
- development of work skills and internal regulations of a medical organization;
- mastering the basic principles of medical ethics and deontology;
- mastering the skills of general care for patients in therapeutic hospitals;
- development of manipulations and procedures of paramedical personnel;
- formation of clinical thinking of students.

During the practice, the student must gain skills (experience):

- logical thinking: build reasonable judgments and conclusions;

- communication with the patient and / or his relatives, observing deontological norms and principles.

- caring for the sick, including those who are seriously ill and agonizing.

- provision of first aid to patients, taking into account their age, nature and severity of the disease.

At the end of the internship, the student should know:

- the work of junior medical personnel and the performance of manipulations for the care of patients;

- the work of paramedical personnel and the performance of manipulations by paramedical personnel;
- procedural medical personnel and performing manipulations and procedures of paramedical personnel;
- the procedure for issuing, storing, recording and prescribing medicines (strong, narcotic, expensive);
- the concept of general nursing;
- fundamentals of bioethics and deontology in nursing;
- general principles of first aid;
- methods of general care for surgical patients;
- methods of general patient care of a therapeutic profile;
- types of sanitization of patients;
- types of fevers;
- features of observation and care of patients with diseases of various body systems

the student must be able to:

- provide emergency care at the prehospital stage in case of acute diseases and urgent conditions;
- correct medical documentation;
- sanitize the patient upon admission to the hospital and during the period of stay in the hospital, change the patient's underwear and bed linen, treat bedsores;
- Carry out care for patients of different ages, suffering from diseases of various organs and systems, transportation;
- measure body temperature, daily diuresis, collect biological material for laboratory research, conduct anthropometry, various types of enemas, feed patients;
- measure blood pressure, calculate heart rate, pulse;
- register ECG;
- to prepare patients for X-ray, endoscopic and ultrasound methods of examination of internal organs;
- carry out disinfection and pre-sterilization preparation of medical instruments, materials and means of patient care.
- Sanitize patients (cutting hair, nails, holding a hygienic bath).
- carry out instillation of drops into the eyes, washing the eyes, the ability to lay eye ointment behind the lower eyelid from a tube and an eye stick.
- carry out the supply of the vessel, the urinal, their disinfection.
- Organize and distribute medicines.
- carry out rubbing, rubbing, lubricating the skin with drugs.
- conduct subcutaneous, intramuscular injections, be able to provide assistance in case of complications after injections.
- fill systems for intravenous drip administration of medicinal substances.
- to carry out intravenous injections.
- to carry out the setting of mustard plasters, a local warming compress.
- prepare and serve a heating pad to the patient.
- preparing and serving an ice pack to the patient.
- Carry out catheterization of the bladder with a soft catheter.
- take an electrocardiogram.
- put a rubber band on the shoulder.
- to carry out a complex of primary resuscitation measures.
- follow the rules of labor protection and safety.

№	the date	Thematic blocks ¹	Hours (academic)
1.		Organization of work of the therapeutic department. ² Occupational health and safety training. Work in the waiting room.	6
		Formation of individual tasks. ³	3
2.		Studying the organization of work and duties of a ward nurse. ² Work in the therapeutic department as an assistant nurse on the post. Documentation, arrangement of a nursing post.	6
		Formation of individual tasks. ³	3
3.		Work in the therapeutic department as an assistant to the post nurse. ² Thermometry. Types of fevers.	6
		Formation of individual tasks ³	3
4.		Studying the organization of work and duties of a ward nurse. ² Work in the therapeutic department as an assistant to the ward nurse. Features of care for patients with a gastroenterological profile.	6
		Fulfillment of individual tasks. ³	3
5.		Studying the organization of work and duties of a ward nurse. ² Work in the therapeutic department as an assistant to the ward nurse. Features of care for patients with endocrinological profile.	6
		Fulfillment of individual tasks.	3
6.		Studying the organization of work and duties of a ward nurse. ² Work in the therapeutic department as an assistant to a paid nurse. Peculiarities of caring for patients with a cardiological profile.	6
		Fulfillment of individual tasks.	3
7.		Studying the organization of work and duties of a ward nurse. ² Work in the therapeutic department as an assistant to the ward nurse. ECG registration	6
		Fulfillment of individual tasks.	3
8.		Work in the therapeutic department as an assistant ward nurse. ² Features of the care of patients with respiratory diseases.	6
		Fulfillment of individual tasks.	3
9.		Work in the therapeutic department as an assistant ward nurse. ² Features of the care of patients with diseases of the urinary system.	6
		Fulfillment of individual tasks. ³	3
10.		Study of the organization of work and duties of a procedural nurse. ² Work in the treatment room in the therapeutic department as an assistant to the procedural nurse. Procedure room equipment, types of cleaning. Procedure room documentation	6
		Fulfillment of individual tasks.	3
11.		Studying the organization of work and duties of a procedural nurse. ² Work in the treatment room in the therapeutic department as an assistant to the procedural nurse. Injection	6

		technique.	
		Fulfillment of individual tasks.	3
12.		Presentation of reporting documentation on practice. Interim certification.	6
		Placement of reporting documentation on practice in the electronic information and educational environment of VolgGMU. ³	3
		Total	108

1 – thematic blocks include several classes conducted in the form of practical training, the duration of one lesson is 45 minutes with a break between classes of at least 5 minutes

2 – topic

3 – essential content

Considered at the meeting of the department of Internal diseases "27" __ May __ 2023, protocol No_10.

Head of the Department



Statsenko M.E.