

**Thematic plan of obstetric practice classes**  
**“Clinical practice: practice in obstetrics and gynecology”**  
**for students in the educational program of the specialty 31.05.01**  
**General medicine, obstetrics and gynecology, full-time**  
**education**  
**for the 2023-2024 academic year**

<b>№</b>	<b>Thematic blocks</b>	<b>Volume of hours (including contact work)</b>
<b>Module 1.</b>	<p><b>Organization of obstetric and perinatal care system</b>            Medical work:            (supervision of pregnant women in the pregnancy pathology department, referral for ultrasound, CTG, choice of tactics for managing pregnancy and childbirth depending on the obstetric situation, features of the work of an obstetrician-gynecologist in an obstetric hospital)</p>	<p>9 hours            (contact work 3 hours)</p>
<b>Module 2.</b>	<p><b>Methods of examination in obstetrics</b>            1. Clinical anatomy, pelvis from an obstetric point of view,            2. The fetus as an object of birth,            3. Diagnosis of pregnancy, examination methods in obstetrics, pelvic measurement, measurement of the Solovyov index, abdominal circumference, height of the uterine fundus, Michaelis rhombus, Leopold-Levitsky techniques.            Medical work (supervision of pregnant women in the pregnancy pathology department, referral for ultrasound, CTG, choice of tactics for managing pregnancy and childbirth depending on the obstetric situation, management of pregnancy in women with extragenital diseases)            Anti-epidemic work (participation)</p>	<p>9 hours            (contact work 3 hours)</p>
<b>Module 3.</b>	<p><b>Physiological obstetrics.</b>            1. Physiological birth. Clinic. Doctor's tactics. Biomechanism of childbirth with anterior and posterior views of the occipital insertion.</p>	<p>18 hours            (contact work 6 hours)</p>

	<p>2. Physiological postpartum period  Physiology of the newborn period. Maturity, full-term fetus. Newborn's first toilet.  Medical work (supervision of pregnant women in the pregnancy pathology department, referral for ultrasound, CTG, choice of tactics for managing pregnancy and childbirth depending on the obstetric situation, management of pregnancy in women with a uterine scar)  Anti-epidemic work (participation)  Organizational and methodological work</p>	
<p><b>Module 4</b></p>	<p>Pathological obstetrics.  1. Pregnancy and childbirth in breech presentation. Biomechanism of childbirth, benefits for breech and leg presentation. Incorrect insertion and position of the fetus.  2. Multiple births. Diagnostics. The course of pregnancy and childbirth. Doctor's tactics.  3. Premature birth. Diagnostics. Features of management. Complications.  4. Intrauterine fetal hypoxia. Asphyxia of the newborn. Principles of resuscitation  5. Early toxicosis. Pregnancy management tactics  6. Preeclampsia. Eclampsia. Diagnostics. Clinical picture. Doctor's tactics.  7. Bleeding during pregnancy and childbirth. Doctor's tactics for postpartum hypotonic bleeding  8. Narrow pelvis in modern obstetrics. Clinically narrow pelvis. Doctor's tactics  9. Anomalies of contractile activity of the uterus. Clinic, diagnosis, management tactics  10. Operative obstetrics: caesarean section,  11. Operative obstetrics: obstetric forceps, vacuum extraction of the fetus. Indications. Technique</p> <p>Medical work (supervision of pregnant women in the pregnancy pathology department, referral for ultrasound, CTG, choice of tactics for managing pregnancy and childbirth depending on the obstetric situation, management of pregnancy in women with a uterine scar)  Anti-epidemic work (participation)  Organizational and methodological work</p>	<p>106 hours  (contact work 34 hours)</p>

<b>Test lesson</b>		2 hours
	Total	<b>144</b>

Рассмотрено на заседании кафедры акушерства и гинекологии, протокол № 18 от «30» мая 2023 г.

Заведующий кафедрой



Н.А. Бурова