

**Thematic plan of independent work**  
**Practice “Clinical practice: practice in obstetrics and gynecology” for**  
**students in the educational program of the specialty 31.05.01**  
**General medicine, obstetrics and gynecology, full-time education**  
**for the 2024-2025 academic year**

№	Tasks for independent work	hours
1	Familiarization with the rules for preparing medical documentation. Familiarization with the rules of diary design.	4
2	<b>Methods of examination in obstetrics.</b>  Clinical anatomy. Planes and diameters of the pelvis. External obstetric examination. Fetus as an object of labor. Methods for diagnosing pregnancy and analyzing gestational age. Cardiotocography, ultrasound, biophysical profile of the fetus.	6
3	<b>Physiological obstetrics.</b>  Bishop score (the degree of cervical ripeness). Physiological labor. Stages of labor. Doctor's tactics. Mechanism of labor. Obstetric maneuver. Signs of placenta separation and methods of placenta delivery. Methods of pain relief during childbirth. Apgar score of the newborn. Fetal maturity.	12
4	<b>Pathological obstetrics</b>  Breech presentation. Diagnostics. Tactics for delivery. Multiple pregnancy. Diagnostics. Doctor's tactics. Premature birth. Diagnostics. Management of labor. Complications. Contracted pelvis. Clinically contracted pelvis. Diagnostics. Doctor's tactics. Anomalies of uterine contractions. Clinical signs, diagnostics, management. Preeclampsia. Eclampsia. Diagnostics. Clinical picture. Doctor's tactics. C-section. Indications. Technique. Obstetric forceps, vacuum extraction. Indications. Technique. Bleeding during pregnancy and childbirth. Placenta abruption. Placenta previa. Clinical picture. Diagnostics. Doctor's tactics. Bleeding in the third stage of labor. Abnormalities of placenta attachment. Doctor's tactics. Postpartum hemorrhage. Etiology. Doctor's tactics. Prevention of postpartum hemorrhage. Septic disorders in postpartum period. Puerperal endometritis. Postpartum peritonitis. Puerperal sepsis. Puerperal lactational mastitis.  Amniotomy. Indications. Contraindications. Technique.  Episiotomy. Indication. Anesthesia. Technique.  Ruptures of the cervix and perineum. Technique for suturing ruptures. Control manual examination of the walls of the uterine cavity. Indications. Anesthesia. Technique.	72

	Manual separation of the placenta and release of the placenta. Indications. Anesthesia. Technique. Balloon tamponade of the uterus. Indications. Anesthesia. Technique.	
	Control of independent work.	2
	Total	96

Рассмотрено на заседании кафедры акушерства и гинекологии, протокол № 19 от «10» июня 2024 г.

Заведующий кафедрой  
акушерства и гинекологии,  
д.м.н.



Н.А. Бурова