

Sample Individual Internship Assignment
in practice "Industrial practice (practice in obtaining professional skills and
professional experience in the positions of secondary medical personnel
(assistant to a ward nurse of a surgical profile))"
for students of 2025 year of admission
under the educational programme
31.05.01 General medicine,
specialisation General medicine
Specialist's,
form of study full-time
for the 2025-2026 academic year

Federal State Budgetary Educational Institution of Higher Education
"Volgograd State Medical University"
Ministry of Health of the Russian Federation

Department of General Surgery

INDIVIDUAL ASSIGNMENT
to develop competencies established by the internship work program
"Industrial practice
(practice in obtaining professional skills and professional experience
in the positions of secondary medical personnel
(assistant to a ward nurse of a surgical profile))"

A first-year student _____ group,
studying in the educational program
May 31, 2001 General Medicine,
focus (profile) General Medicine (specialty)

(Full name of the student)

Internship period: from __. __.202__ to __. __.202__.

Internship base: _____

Practice Director:

Associate Professor of the Department of General Surgery Svetlana Nikolaevna Karpenko

INTERNSHIP CONTENT

Interns' Procedure:

- 1) Interns' duration: 12 days (108 hours/3 credits)
- 2) The student works as a student intern under the supervision of the internship supervisor; the internship supervisor oversees and monitors the student's activities.
- 3) Upon commencing the internship, the student must familiarize themselves with the internal regulations of the enterprise (organization, institution) and complete safety training.
- 4) The student maintains a diary with daily records of their work.
- 5) The internship concludes with a midterm assessment, the time of which is determined by the curriculum.

Purpose of the internship: to acquire basic skills and experience in professional activities that comprise the professional responsibilities of a ward nurse.

Interns' Objectives:

- Study of the functional responsibilities and working conditions of a ward nurse in surgical departments;
- Acquire skills in communicating with surgical patients, their legal representatives, and medical personnel, and implement the principles of medical ethics;
- training in differentiated care techniques for the most common pathologies and provision of pre-hospital care in emergency situations;
- acquisition and consolidation of skills in promoting a healthy lifestyle;
- acquisition of skills in completing basic medical documentation for the nursing station.

EXPECTED PRACTICAL OUTCOMES

- During the practical training, the student will acquire the following skills (experience):
- performing procedures to ensure the personal hygiene of seriously ill patients (assistance with morning toileting, creating a comfortable position for the patient);
- performing procedures to ensure the personal hygiene of seriously ill patients (cleaning the skin, mouth, and ears);
- performing procedures to ensure the personal hygiene of seriously ill patients (washing hair);
- performing procedures to ensure the personal hygiene of seriously ill patients (providing a bedpan, urine bag);
- performing procedures to ensure the personal hygiene of seriously ill patients (cleaning the external genitalia);
- performing procedures to ensure the personal hygiene of seriously ill patients (skin care, preventing bedsores);
- measuring the patient's body temperature (graphic recording on a temperature chart);
- feeding a seriously ill patient;
- counting respiratory movements;
- measuring blood pressure;
- determining and counting the radial pulse;
- preparing the patient for ultrasound of the abdominal organs, retroperitoneal space, and bladder;
- preparing the patient for EGD, gastric X-ray;
- preparing the patient for colonoscopy, barium enema;
- performing a cleansing enema;
- shaving the surgical site;
- inserting a nasogastric tube;
- bladder catheterization;
- transporting the patient from the ward to the operating room;
- Placing the patient on and off the operating table;
- Inserting a gas vent tube;

- Filling and administering an ice pack;
- Monitoring and caring for drains and drainage systems;
- Monitoring and caring for stomas;
- Changing underwear and bed linen for a patient with limited mobility;
- Providing first aid in case of fainting and collapse;
- Providing first aid in case of hemoptysis and pulmonary hemorrhage;
- Providing first aid in case of sudden shortness of breath (asphyxiation);
- Providing first aid in case of vomiting;
- Providing first aid in case of external bleeding;
- Providing first aid in case of renal colic;
- Performing resuscitation (artificial ventilation);
- Performing resuscitation (closed cardiac massage).
- Upon completion of the internship, the student should have knowledge of:
 - the organization of surgical care in the Russian Federation;
 - the structure and organization of a surgical hospital;
 - sanitary and hygienic requirements for the structural rooms of surgical departments;
 - the therapeutic and protective regime of a healthcare facility;
 - the functional responsibilities of a surgical nurse;
 - the basic principles of medical ethics and deontology;
 - the concept of general and specialized care;
 - the specifics of caring for patients with various surgical pathologies;
 - cardiopulmonary measures;
 - algorithms for providing first aid for various conditions.
- The student should be able to:
 - comply with labor protection regulations, safety precautions, and sanitary and hygienic standards;
 - measure height, weight, body temperature, blood pressure, pulse rate, and respiratory rate;
 - prepare a patient for laboratory and instrumental examinations, and surgery;
 - transport a patient;
 - Provide general and specialized care to patients with various pathologies;
 - Provide first aid;
 - Perform resuscitation.

Requirements for Internship Completion

As a result of completing the internship, the student must develop the following competencies:

OPK-1 Able to implement moral and legal norms, ethical and deontological principles in professional activities	
OPK -1.3.1	Proficient in comprehensive verbal and nonverbal communication techniques; communication skills with patients and their relatives (legal representatives) during treatment and disease prevention; and methods for solving standard professional tasks based on ethical standards, deontological principles, and legal frameworks when interacting with colleagues and patients (their legal representatives).
OPK -10 Able to understand the principles of operation of modern information technologies and use them to solve professional problems	
OPK -10.2.1	Able to effectively search for information necessary to solve professional problems using reference systems and professional databases; use modern medical and biological terminology; master and apply modern information and communication technologies in professional activities, taking into account the basic requirements of information security
PK-6 Capable of maintaining medical records and organizing the activities of the nursing staff at their disposal	
PK-6.1.1	Knowledge of the Russian Federation legislation in the field of healthcare, regulatory legal acts and other documents governing the activities of medical organizations and medical workers; medical and statistical indicators of morbidity, disability and mortality characterizing the health of the assigned population, the procedure for calculating and assessing them; rules for completing medical documentation in medical organizations providing outpatient medical care, including at home when a medical worker is called; monitoring the performance of job responsibilities by a district nurse and other available medical workers; organization of medical care in medical organizations providing

outpatient medical care, including at home when a medical worker is called
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DEVELOPED BY:

Internship Supervisor from the organization,
implementing educational
activities (Volgograd State Medical University)

(signature) S.N. Karpenko

Approved at the meeting of the Teaching and Methodological Committee of the Faculty of Medicine
(minutes No. __ dated ____).

Dean

(signature)

O.V.Fedorova

The individual assignment has been accepted for execution.

(Full name of the student)

(signature of the student)

«__» _____ 202__г.

The student fully completed the individual internship assignment. He acquired a set of
knowledge, skills, and abilities that form the competencies of the internship program.

Internship supervisor from an organization
implementing educational
activities (from Volgograd State Medical University)

(signature) S.N. Karpenko

«____» _____ 202__г.

Considered at the department meeting of General Surgery,
protocol of «02» June's 2025 г., № 14.

Head of the Department



S.I.Panin