

**Sample individual practice assignment
in practice "Educational practice introductory practice
(in surgery))"
for students of 2025 year of admission
under the educational programme
31.05.01 General medicine,
specialisation General medicine
Specialist's,
form of study full-time
for the 2025-2026 academic year**

Federal State Budgetary Educational Institution of Higher Education
"Volgograd State Medical University"
of the Ministry of Health of the Russian Federation

Department of General Surgery

INDIVIDUAL ASSIGNMENT

for the formation of competencies established by the practice curriculum: "Educational practice introductory practice (in surgery))"

Student of the __ year, __ group,
under the educational programme
31.05.01 General medicine,
specialisation General medicine

Specialist's -----
(Full name of the student)

Practice period: from _____ to _____.

Practice base: GBUZ "Volgograd Regional Clinical Hospital No. 1".

Practice supervisor from
VolgSMU

Linchenko D.V.

(подпись)

CONTENT OF THE PRACTICE

Practice procedure:

- The duration of the practice is 12 days (108 hours / 3 c.u)
- The student studies and works as a student-trainee under the guidance of the practice supervisor; the practice supervisor corrects and controls their activities.
- Before starting the practice, the student must familiarize themselves with the internal regulations of the enterprise (organization, institution) and undergo safety training.
- The student maintains a diary with daily records of the work performed.
- The practice concludes with an interim assessment, the timing of which is set by the academic schedule.
- The goal of the practice: to familiarize students with the work of surgical healthcare facilities, to acquire skills in interacting with patients, to teach students the basic principles of caring for surgical patients, initial experience of independent professional activity within the scope of the practice program through direct participation in the hospital's activities, as well as to develop the competencies necessary for work in the chosen specialty.

Practice objectives:

- to familiarize with the organization of surgical care in the Russian Federation, the structure and organization of work of a surgical hospital; sanitary and hygienic requirements for structural units, therapeutic and protective regime;
- to provide an understanding of the functional duties of junior medical staff in a surgical clinic, the basic principles of medical ethics and deontology;
- to master the skills of general care for surgical patients;
- to prepare students for independent work as an assistant to junior medical staff.

PLANNED RESULTS OF THE PRACTICE

During the practice, the student must acquire skills (practical experience) in:

- donning a surgical suit, medical gown, cap, and personal protective equipment;
- performing anthropometry on an adult;
- measuring a patient's body temperature;
- counting respiratory movements;
- measuring blood pressure;
- locating and counting the pulse on the radial artery;
- recording thermometry data on the temperature sheet;
- transporting a patient from the admission ward to the department;
- transporting a patient using a wheelchair, gurney;
- transporting a patient using a gurney;
- performing complete sanitary treatment;
- performing partial sanitary treatment;
- daily cleaning of the healthcare facility department premises;
- general cleaning of the healthcare facility department premises;
- wet cleaning in the operating suite;
- air disinfection using an ultraviolet radiation source;
- preparing, storing, and safely using disinfectant solutions;
- changing bed linen for a patient with limited mobility;
- changing underwear for a patient with limited mobility;
- performing skin hygiene for a bedridden patient;
- performing oral hygiene for a bedridden patient;
- performing ear hygiene for a bedridden patient;
- washing the hair of a bedridden patient;
- feeding a bedridden patient;
- performing measures aimed at preventing pressure sores;

- transporting a patient from the department to the operating room;
- positioning a patient on the operating table according to the planned type of surgical intervention;
- hand hygiene before performing manipulations;
- hand hygiene after performing manipulations, disposal of gloves.

Upon completion of the practice, the student must know:

- the organization of surgical care in the Russian Federation;
- the structure and organization of work of a surgical hospital;
- sanitary and hygienic requirements for the structural departments of a surgical hospital;
- the therapeutic and protective regime of a healthcare facility;
- the functional duties of junior medical staff in a surgical clinic;
- the basic principles of medical ethics and deontology;
- the concept of general and special care;
- the features of caring for patients with various surgical pathologies.

The student must be able to:

- comply with labor protection rules, safety precautions, and sanitary and hygienic standards;
- measure height, weight, body temperature, blood pressure, pulse rate, respiratory rate;
- transport a patient;
- perform complete and partial sanitary treatment of a patient;
- clean various structural premises of the healthcare facility department using disinfectant solutions;
- provide general and special care for patients with various pathologies..

Requirements for the results of mastering the practice

As a result of completing the practice, the student must develop the following competencies:

OPK -1 Is able to implement moral and legal norms, ethical and deontological principles in professional activities.	
OPK -1.1.1	Knows the fundamentals of medical ethics and deontology, the basics of legislation in the field of healthcare, legal aspects of activities when solving tasks of professional medical practice.
OPK -10 Is able to understand the principles of operation of modern information technologies and use them to solve professional tasks.	
OPK -10.1.1	Knows: the capabilities of reference and information systems and professional databases; methods of information retrieval, information and communication technologies; modern biomedical terminology; the principles of evidence-based medicine and personalized medicine; the basics of information security in professional activities, legal norms in the field of personal data protection, corporate ethics, medical and state secrets.

VELOPED:

Practice supervisor from
VolgSMU

Linchenko D.V.

(signature)

Approved at the meeting of the Educational and Methodological Commission of the Faculty of Medicine (protocol № ____ from _____ г.).

Dean of the Faculty General Medicine

O.V. Fedorova

(signature)

Individual assignment accepted for execution

(Full name of the student)

(student's signature)

« ____ » _____ 202__ г.

The student has fully implemented the individual practice assignment. A set of knowledge, skills, and abilities forming the competencies of the practice program has been acquired.

Practice supervisor from the educational
institution (from VolgSMU)

Linchenko D.V.

(подпись)

« ____ » _____ 202__ г.

Considered at the department meeting of General Surgery,
protocol of «02» June's 2025 г., № 14.

Head of the Department



S.I. Panin