

Federal State Budgetary Educational Institution of Higher Education  
"Volgograd State Medical University"  
of the Ministry of Health of the Russian Federation

Department of General Surgery

**Sample Internship Diary**  
**"Educational practice (introductory practice)"**  
**for students of the educational program**  
**of specialist**  
**in the specialty 31.05.03 Dentistry,**  
**direction (profile) Dentistry,**  
**form of study - full-time**  
**for the 2025-2026 academic year**

**2nd year student, \_\_\_\_ group**

---

*full name of the student*

---

---

Head of practice from the organization (university) \_\_\_\_\_ / O.A.Kosivtsov /  
*signature*

Volgograd, 2025

## **Rules for the design of the practice diary**

A mandatory report document on the student's internship is the practice diary.

The practice diary should include protocols of various types of work (literary/methodological/experimental/analytical/other types of work) performed by the student during the practice. Protocols are drawn up for each day of work in practice. The protocol should contain information about the date, topics of the lesson, the work performed and research procedures (operations), as well as the primary data obtained and the results of their analysis during the individual task.

When logging work on individual tasks, it is necessary to adhere to the following algorithm:

1. Describe the essence of the task (goals/ objectives / research design / research object/ methodology, etc.)
2. Record the actual data obtained during the study - it is advisable to present it in a tabular format.
3. Analyze the data obtained in accordance with the goals and objectives.
4. Make a summary conclusion / conclusions based on the results of the individual task.
5. As a protocol of the individual assignment of the last day of practice, a printout of the presentation of the reporting work is presented in the diary.

### **The practice diary must be signed:**

- a) after each protocol - by the head of the student's practice.
- b) on the title page - the head of the practice from the organization (university)

A sample of the design of daily protocols in the practice diary - see further

### **Introductory information for students**

The objectives of the practice are:

- \* familiarization with the work of a medical organization;
- \* mastering the work skills and internal regulations of a medical organization;
- \* mastering the basic principles of medical ethics and deontology;
- \* mastering the skills of general patient care in therapeutic hospitals;
- \* mastering the manipulations and procedures of the nursing staff;
- \* formation of students' clinical thinking.

During the internship, the student must gain skills (experience of activity):

- has the skill of analyzing medical information
- has the skill of drawing up a work plan in the positions of secondary medical personnel
- has the skill of presenting and protecting reporting documentation on practice
- has the skill of preparing accounting documentation for practice
- has the skill of applying the principles of ethics and deontology when communicating with patients and colleagues, legal representatives of patients
- has the skill to solve problems of caring for patients at the level of secondary medical personnel, taking into account ethical standards, deontological principles and legal foundations
- has the skill of assessing the condition of surgical patients using medical terminology
- has the skill of analyzing the condition of surgical patients, taking into account the possible mechanism of development of the pathological process
- has the skill of conducting a general examination of the patient
- has the skill of conducting thermometry
- has the skill of measuring blood pressure
- has the skill of determining the pulse rate, the frequency of respiratory movements, interpreting the results obtained
- has the skill of caring for surgical patients (changing underwear and bed linen, caring for the seriously ill, setting compresses, instilling drops into the nose, eyes, ears, feeding the seriously ill, etc.)
- has the skill of organizing the work of secondary medical personnel at the level of a senior nurse
- has the skill of observing the sanitary and anti-epidemic regime in the therapeutic department, including during manipulations (gastric lavage, enema, injections)
- has experience in conducting explanatory conversations on measures for the prevention of infectious and non-communicable diseases,
- has the skills to provide first aid in emergency conditions

At the end of the internship, the student should know:

- knows the specifics of caring for surgical patients with diseases of various organs and systems
- knows the procedure for carrying out current, general cleaning of premises
- knows the procedure for quartz treatment in the treatment room,
- rules of patient care and compliance with the rules of sanitary and anti-epidemic regime in the wards of the surgical department, intensive care unit, operating unit, urological, neurosurgical, traumatology, vascular, thoracic departments,
- knows the main duties of a ward, post and procedural nurse
- knows the technique of conducting injections
- knows modern medical terminology
- knows the main recommendations for the provision of assistance in the volume of secondary medical personnel
- knows the basic principles of evidence-based medicine
- knows the rules of vaccination of patients (including emergency)
- knows the basic sanitary norms of the functioning of the therapeutic department and its divisions
- knows the rules of disinfection, sterilization of reusable instruments, pre-sterilization treatment of disposable syringes
- knows the rules of asepsis and antiseptics
- knows the procedure for the use of personal protective equipment, including during injections

**The student must be able to:**

- use educational, scientific, popular science literature, the Internet for professional activities;
- is able to analyze the complaints of a surgical patient in order to establish the main problem and choose the tactics of patient management at the level of secondary medical personnel.
- is able to form a work schedule, including an internship plan
- is able to use information sources to search for data on the work of nursing staff
- is able to take care of surgical patients (changing underwear and bed linen, caring for seriously ill, compresses, instilling drops into the nose, eyes, ears, feeding seriously ill, etc.)
- knows how to organize the work of secondary medical personnel at the level of a senior nurse
- is able to observe the sanitary and anti-epidemic regime in the therapeutic department, including during manipulations (gastric lavage, enema, injections)
- knows how to file an emergency notification about the source of infection
- is able to conduct a survey to identify contact persons
- knows how to use masks, gloves, shields during manipulation

### КАЛЕНДАРНО-ТЕМАТИЧЕСКИЙ ПЛАН ПРАКТИКИ

№	Date	Thematic blocks. 1	Hours (academic)
1.	«__»__20__	Organizational activity. Instruction on occupational health and safety. Instruction on infection safety. Organization of the surgical department. Ethics and deontology. Work in the emergency room. Anthropometry. Thermometry. Types of fevers.	6
		Formation of individual tasks.3	3
2.	«__»__20__	Organization of work and duties of a ward nurse. Preparation for laboratory and instrumental examinations. Work in the surgical department as an assistant to the post nurse. Documentation, the device of the post. Features of patients' nutrition. Prevention of bedsores.	6
		Performing individual tasks.	3
3.	«__»__20__	Organization of work and duties of a procedural nurse Work in the surgical department as an assistant to a procedural nurse. Intradermal, subcutaneous, intramuscular,	6

		intravenous injections. Technique, complications.	
		Performing individual tasks.	3
4.	«__»__20_	Organization of work and duties of the dressing nurse. The concept of asepsis and antiseptics. Desmurgy. Care for patients with stomas, trophic ulcers, bedsores.	6
		Performing individual tasks.	3
5.	«__»__20_	Preparing the patient for surgery. Types of patient transportation. Classification of operations. Pre- and postoperative period Features of patient care after surgery.	6
		Performing individual tasks.	3
6.	«__»__20_	Features of the nurse's work with patients with burns and frostbite Features of the care of patients with thermal lesions. Work in the surgical department as a nurse's assistant.	6
		Performing individual tasks.	3
7.	«__»__20_	Features of the work of a nurse with patients operated on abdominal organs. Patient care and first aid for acute surgical diseases of the abdominal cavity. Work in the surgical department as a nurse's assistant.	6
		Performing individual tasks.	3
8.	«__»__20_	Features of the work of a nurse with patients of a traumatological profile. Features of care for patients with fractures and dislocations. Work in the surgical (traumatology) department as a nurse's assistant.	6
		Performing individual tasks.	3
9.	«__»__20_	Features of the work of a nurse of the urological department. Features of care for patients with diseases of the urinary system. Types of catheters. Catheterization of the bladder. Cystostomy care. Nephrostoma care.	6
		Performing individual tasks.	3
10.	«__»__20_	Features of the work of a thoracic department nurse. First aid for surgical diseases of the chest organs. Drainage of the pleural cavity. Drainage care. Tracheostomy.	6
		Performing individual tasks.	3
11.	«__»__20_	Features of the work of a nurse with oncological patients. Stoma care. Features of the work of a nurse with patients in critical conditions.	6
		Performing individual tasks.	3
12.	«__»__20_	Presentation of accounting documentation on practice. Intermediate certification.	6
		Placement of reporting documentation on practice	3
		Total	108

## Перечень сформированных компетенций и оценка их

№	Code /// Шифр	Competence text ///Текст индикатора достижения компетенции	Level of development Уровень освоения	Teacher's signature Подпись преподавателя
1	ОПК-10	ОПК-10.1.1. Знает основы ухода за больными различного профиля, правила санитарно-противоэпидемического режима, должностные обязанности младшего и среднего медицинского персонала		
2	ОПК-10	ОПК-10.2.1. Умеет осуществлять уход за больными различного профиля, организовать и контролировать работу младшего и среднего медицинского персонала по уходу за больными и соблюдению санитарно-противоэпидемического режима		
3	ОПК-10	ОПК-10.3.1. Владеет практическим опытом ухода за больными различного профиля, организации и контроля работы младшего и среднего медицинского персонала по уходу за больными, соблюдения санитарно-противоэпидемического режим		
4	ПК-6	ПК-6.1.1. Знает особенности специфической и неспецифической профилактики инфекционных заболеваний, санитарно-эпидемиологические нормы и требования, режим медицинских учреждений, правила дезинфекции и стерилизации изделий медицинского назначения, утилизации медицинских отходов, применение средств индивидуальной защиты, асептики и антисептики		
5	ПК-6	ПК-6.2.1. Умеет выполнить предписанные действия при проведении противоэпидемических мероприятий при инфекционных заболеваниях (подача экстренного извещения об очаге инфекции, выявление и наблюдение контактных лиц), подбирать, использовать и утилизировать СИЗ		
6	ПК-6	ПК-6.3.1. Владеет практическим опытом проведения мероприятий по снижению заболеваемости, включая инфекционные заболевания, интерпретации показателей инвалидизации, летальности		

Для характеристики уровня освоения используются следующие обозначения:

1 – «*Ознакомительный*» (узнавание ранее изученных объектов, свойств).

2 – «*Репродуктивный*» (выполнение деятельности по образцу, инструкции или под руководством).

3 – «*Продуктивный*» (планирование и самостоятельное выполнение деятельности, решение проблемных задач).

The following designations are used to characterize the level of development:

1 - "Familiarization" (recognition of previously studied objects, properties).

2 - "Reproductive" (performing activities according to a pattern, instructions or under guidance).

3 - "Productive" (planning and independent performance of activities, solving problematic tasks).

## Chronological practice diary

### PROTOCOL No.1

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Organizational activity. Instruction on occupational health and safety. Instruction on infection safety. Organization of the surgical department. Ethics and deontology. Work in the emergency room. Anthropometry. Thermometry. Types of fevers. Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

### PROTOCOL No.2

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Organization of work and duties of a ward nurse. Preparation for laboratory and instrumental examinations. Work in the surgical department as an assistant to the post nurse. Documentation, the device of the post. Features of patients' nutrition. Prevention of bedsores. Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

### PROTOCOL No.3

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Organization of work and duties of a procedural nurse Work in the surgical department as an assistant to a procedural nurse. Intradermal, subcutaneous, intramuscular, intravenous injections. Technique, complications.*

*Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

### PROTOCOL No.4

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Organization of work and duties of the dressing nurse. The concept of asepsis and antiseptics. Desmurgy. Care for patients with stomas, trophic ulcers, bedsores*

*Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

**PROTOCOL No.5**

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Preparing the patient for surgery. Types of patient transportation. Classification of operations. Pre- and postoperative period Features of patient care after surgery.*  
*Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

**PROTOCOL No.6**

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Features of the nurse's work with patients with burns and frostbite Features of the care of patients with thermal lesions. Work in the surgical department as a nurse's assistant.*  
*Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/



PROTOCOL No.7

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Features of the work of a nurse with patients operated on abdominal organs. Patient care and first aid for acute surgical diseases of the abdominal cavity. Work in the surgical department as a nurse's assistant. Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

PROTOCOL No.8

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Features of the work of a nurse with patients of a traumatological profile. Features of care for patients with fractures and dislocations. Work in the surgical (traumatology) department as a nurse's assistant. Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

**PROTOCOL No.9**

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Features of the work of a nurse of the urological department. Features of care for patients with diseases of the urinary system. Types of catheters. Catheterization of the bladder. Cystostomy care. Nephrostoma care. Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

**PROTOCOL No.10**

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Features of the work of a thoracic department nurse. First aid for surgical diseases of the chest organs. Drainage of the pleural cavity. Drainage care. Tracheostomy. Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

**PROTOCOL No.11**

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Features of the work of a nurse with oncological patients. Stoma care. Features of the work of a nurse with patients in critical conditions.*  
*Formation of individual tasks.*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/

**PROTOCOL No.12**

Date «\_\_»\_\_\_\_\_20\_\_

**Thematic block:** *Presentation of accounting documentation on practice. Intermediate certification.*  
*Placement of reporting documentation on practice*

Содержание (ход работы)/// Content (progress of work): \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Выполнение индивидуальных заданий /// Performing individual tasks:

---

---

---

Преподаватель ///Teacher \_\_\_\_\_/\_\_\_\_\_/



## **"STUDENT BRIEFING CHECKLIST ON SAFETY AND LABOR PROTECTION"**

I, a student \_\_\_\_ groups of the 2nd year of the Faculty of Dentistry, specialty specialty 31.05.03 Dentistry

---

full name of the student

---

full name of the student

---

full name of the student

familiarized with the rules of conduct (safety and labor protection) in the departments of the hospital, medical and diagnostic rooms, laboratory, experimental, operating room and during field practical training during the internship "EDUCATIONAL PRACTICE: INTRODUCTORY PRACTICE" I undertake to comply with them and comply with the legal orders of the responsible teacher.

Student's signature \_\_\_\_\_/\_\_\_\_\_/

The teacher who conducted the briefing \_\_\_\_\_/\_\_\_\_\_/

Date: «\_\_» \_\_\_\_\_ 202\_\_г.

---

Considered at the meeting of the Department of General Surgery "02" 06. 2025, protocol No14

Head of the Department



Stanislav Igorevich Panin